

## PEDAGOGICAL ASPECTS OF PREPARING YOUNG STUDENTS FOR INDEPENDENT LIVING

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**Annotation:** The article covers various conceptual approaches to the formation of ideas for preparing adolescents for independent living, approaches to preparing adolescents for independent living, solving various social problems in adolescents through seminars, developing skills to behave in difficult life situations, as well as homework with students. practical skills in working with materials and technical means. A template has been created to prepare teenagers for independent living. This model summarizes the views on the pedagogical conditions, factors, specific features and opportunities of the pedagogical process, the gradual implementation of pedagogical technologies in the preparation of adolescents for independent life.

**Keywords:** Adolescent, independent living, educational process, social life, conceptual approach and pattern.

Since the emergence of humanity, the continuity of the nation, its power and the role of youth, especially adolescents, in its development has played an important socio-political role, and each state saw its great future in developing the physical, mental and intellectual potential of youth.

In this regard, the Prime Minister of Singapore Lee Kuan Yew said that any nation or country sees its future in the image of the rising generation and prepares them for independent family life is important not only in personal life, family relations but also in public administration. a new generation is being formed that is interconnected, has strong knowledge, and is psychologically and emotionally ready for the rapid challenges of the new era. They are different people: independent, self-confident, demanding to study, ready for any work. They do not expect blessings from anyone. There will be strong leaders among them who will take the flag from our hands and lead it to the future of the nation. ”

Given the importance of forming a sense of self-respect in a child, he or she should look for ways to raise his or her prestige in front of the school community. To do this, the teacher informs the public about the child's achievements in this or that area, talks to the teenager without showing some of his mistakes and shortcomings immediately, and demonstrates in practice that he believes in his strengths, knowledge and abilities. A teenager who feels good about such support is involuntarily exposed to the teacher, as the teacher now becomes the person needed to build the relationship with the teenager.

As a result of experimental work, we were able to develop a theory of raising the level of personal behavior education in preparing adolescents for independent living and to shape adolescents' attitudes towards independent living. The basic principles of this theory are:

persuasion of theories of independent living; the predominance of conscious activity; behavior control and planning; feeling independent life; overcoming fear; behavior change; caution.

Based on this theory, the experience of a school practitioner psychologist should be widely used in preparing adolescents for independent living. It is advisable for practicing psychologists to conduct individual work with adolescents and conduct various sociological surveys. In order to adapt adolescents to social life, it is necessary to organize seminars and trainings on such topics as "School of Independent Life", "I-in the future", "We are ourselves".

Through the training seminars, adolescents developed the skills to solve various social problems, to behave properly in difficult life situations, as well as practical skills in working with

household appliances and technical devices. It would be expedient to hold practical trainings on such topics as "Our Rights and Duties", "Clothing", "Purchasing", "Means of Communication", "Household Management and Savings".

Susan Merrill also acknowledges the need to prepare adolescents for independent living, noting that they should have the following skills:

- ability to cook;
- know how to maintain a household budget;
- care for health;
- communicative skills, ie the ability to communicate and behave;
- know and understand how to work with cars;
- have basic household skills;
- be able to understand what people are like;
- sense of responsibility;
- be able to separate true love from temporary passions;
- recognition of failures and striving for further progress [2].

The formation of these skills in adolescents is important in foreign countries, including Eastern countries. It is necessary to cultivate national identity in adolescents, especially in food, in the management of the economy, in the interaction with people, based on our national mentality.

The Republican Diagnostic Center has been closely assisting educational institutions and parents in preparing children for independent life by directing them to a career based on their interests at school age.

The pedagogical conditions for the preparation of adolescents for independent life have been analyzed from a scientific point of view, and a model for improving the pedagogical mechanisms for preparing adolescents for independent living in general secondary schools has been developed and put into practice.

This model summarizes the views on the pedagogical conditions, factors, specific features and opportunities of the pedagogical process, the gradual implementation of pedagogical technologies in the preparation of adolescents for independent life.

The template consists of two blocks: a target and a meaningful block. legal, social, economic, psychological, pedagogical, patriotic, spiritual and moral factors play an important role in preparing adolescents for independent living. It is worth noting that the adolescents are well aware of their rights, the level of legal literacy encourages him to carry out all his actions on a legal basis throughout his independent life. Knowing in advance the legal consequences of each action will help you not to go astray. It also does not allow his rights to be violated by others.

Adolescents enter independent life on the basis of social relations. Therefore, he must have an understanding and perception of the society that surrounds him, learn to behave in a micro, meso, mego environment, to interact with others. Only then will he be able to express his thoughts freely and achieve his goals throughout his independent life. The economic factor plays an important role in living an independent and prosperous life. The formation of basic economic knowledge in adolescents, teaching them to save, helps to form the knowledge and skills to organize their family budget, plan it correctly, distribute income correctly and ensure the economic stability of the family during independent life.

Psychological preparation of the adolescent for independent living is one of the main tasks of parents and secondary schools. Practical psychologists working in general secondary schools work with the class teacher, science teachers and parents in the spiritual preparation of adolescents for independent living. Stepping into the independent life observed in adolescents, the feeling of fear of their obligations is overcome through various psychological trainings, interviews, tests. Only when a teenager is mentally ready for an independent life can he overcome any problems and obstacles

without difficulty. In this process, the collaboration of parents with the school practitioner psychologist allows for effective results.

Proper organization of the pedagogical process in the preparation of adolescents for independent living is expedient. Therefore, the idea of preparing adolescents for independent living is included in the content of subjects taught in general secondary schools. Pre-design of the goals and objectives of the subject is achieved through teaching through pedagogical and information technologies, as well as innovative management of the pedagogical process.

In this process, the motivation to prepare adolescents for independent living, the acquisition of scientific and theoretical knowledge, the unity of goals, interests, needs, desires and aspirations for the study and teaching of the laws of life are important. It provides creative cooperation between the subjects of the educational process, unanimous decision-making, free thinking, creating a spiritually friendly environment in the community, communicative cooperation aimed at a common goal.

In the pedagogical process, the preparation of adolescents for independent living can be organized on the basis of the following chain: Teacher-student; student-teacher; teacher-class team; class team-teacher; the team of the student-educational institution; student-to-student; student, teacher, class community civil society institutions; student, teacher - parents; the school community is the general public.

The expediency of this template; humanism; community and community education; to treat the person with respect; relying on positive personality traits; to know the essence of the concept of independent life in adolescents, its gradual application to the educational process on the basis of the principles of membership, interaction in educational activities; the ability to control one's own behavior; to understand that service to the motherland and society is of the highest value; ensures that he is able to set a goal and be consciously ready to achieve it. As a result, knowledge, skills and abilities about independent living in adolescents are brought up in accordance with the age.

The use of effective forms and methods of educational work is important in preparing adolescents for independent living. In order to effectively organize this process, teachers, parents, students and adolescents in the community need to know the state of preparation for independent life, to determine their knowledge, imagination and skills, to know the level of respect for friends, teachers, especially parents, their place in the family. It is important to determine their behavior in the neighborhood, their physiological-hygienic and pedagogical-psychological aspects.

In particular, the interests, inner needs of adolescents, the separation of aspects of education, the organization of the educational process on the basis of special standards, the preparation, retraining and professional development of teachers in this process, the joint conduct of the educational process, effective forms, methods and tools have the skills and abilities to use it, its innovative management, to identify the criteria of education to be inculcated in the minds of adolescents through the introduction of advanced, acceptable aspects of pedagogical technology in the content of educational work, to monitor their results, to implement the acquired spiritual and moral qualities is a guarantee that they will grow up to be active citizens.

Thus, in preparing adolescents for independent living:

- adherence to psychological and pedagogical principles, conditions, factors, laws;
- organization of psychological, physical and medical preparation of adolescents for independent living;
- Relying on advanced experience, theoretical ideas promoted in world science;
- It is important to prepare and publish popular science literature on the preparation of adolescents for independent living, to ensure their access to every family, to organize special sections in the media.

In short, the pedagogical views of Eastern thinkers, the content of legal and regulatory documents on the education of young people, scientific and theoretical ideas in the field of pedagogy, psychology serve as a methodological basis for the preparation of adolescents for independent life.

Preparing adolescents for independent life on the basis of spiritual and moral, social, economic innovations, life experiences in society plays an important role in the formation of a strong life position of young people.

Effective use of modern pedagogical technologies, interactive methods and information and communication technologies, taking into account the geographical and demographic conditions on the basis of the pedagogical model of preparing adolescents for independent life has a positive effect.

In determining the effectiveness of the preparation of adolescents for independent living, it is necessary to use clear indicators within the topic, relying on a clear methodology. In the preparation of adolescents for independent life, along with secondary schools, pedagogical cooperation of social institutions, the use of modern forms of organization of educational work, social projects give good results.

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