



## TO INCREASE THE FEELING OF SPIRITUALITY AND ENLIGHTENMENT IN THE HEARTS OF PEOPLE

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### Annotation:

The main factors that shape spirituality are spiritual heritage, cultural riches, ancient historical monuments. At the same time, religious ethics, the development of science are among them. When we look at the lives and works of our great scholars, we see that they were educated in religion.

### Keywords:

Spirituality, Man, Enlightenment, Information, Religion.

***"If the body of a society is the economy, its soul and spirit is spirituality"***  
***Sh.Mirziyoyev***

We all know that today a number of changes are being carried out under the leadership of President Shavkat Miromonovich Mirziyoyev to increase the spirituality and enlightenment of the people. An example of this is the organization of reading competitions, which are the basis for the formation of spirituality and enlightenment of young people. Let's take a moment to look at the meaning of the words man, spirituality and enlightenment, which resonate in our language today:

Man (Arabic: forget) is a social being with important characteristics that distinguish him from other biological beings in the universe, namely, intelligence, spirituality, culture, morality, thinking, language, and so on. As for the meaning of the word spirituality, the description given by our first President IA Karimov is probably not a good one.

"Spirituality is the incomparable power that purifies a person spiritually, encourages him to grow in heart, strengthens his inner world, strengthens his will, unites his faith, awakens his conscience, is the criterion of all his views."

Enlightenment (Arabic - knowledge, knowledge, information, acquaintance, acquaintance) - a concept that expresses the harmony of knowledge, information, education and education system about nature, society and human nature. The concept of enlightenment also applies to an educated, knowledgeable, spiritual person.

"I think it would be appropriate to compare the material and spiritual worlds, which are necessary for the realization of human aspirations and conscious life, with the two wings of a flying bird. When these two important factors are combined and become a real double wing, then the process of growth and development in the life of man, the state and society will take place. "

See how broad and meaningful these words are. We must first teach people these concepts. As soon as they begin to understand these concepts, their trust in each other will grow, and together they will contribute to the development of our country on a par with the new era.

In a video conference on January 19, 2021, President Mirziyoyev asked us this question: "Where should we get spiritual encouragement?"

The main factors that shape spirituality are spiritual heritage, cultural riches, ancient historical monuments. At the same time, religious ethics and the development of science are among them. When we look at the lives and works of our great scholars, we see that they were educated in religion. Religion does not teach us evil, but increases our warmth and kindness to one another.

"Human thinking, way of life, spiritual views do not form spontaneously, in space. Their emergence and development will be the basis of specific historical, natural and social factors."

When we visit museums or ancient architectural monuments to see the ancient heritage of our ancestors, it is as if we have stepped into the history of that time. No matter how hard they lived, their respect for science and its contribution to its development was boundless. We receive spiritual and enlightenment nourishment from every exhibit we see there. With this in mind, we must preserve the heritage of our ancestors and pass it on to future generations

### References:

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